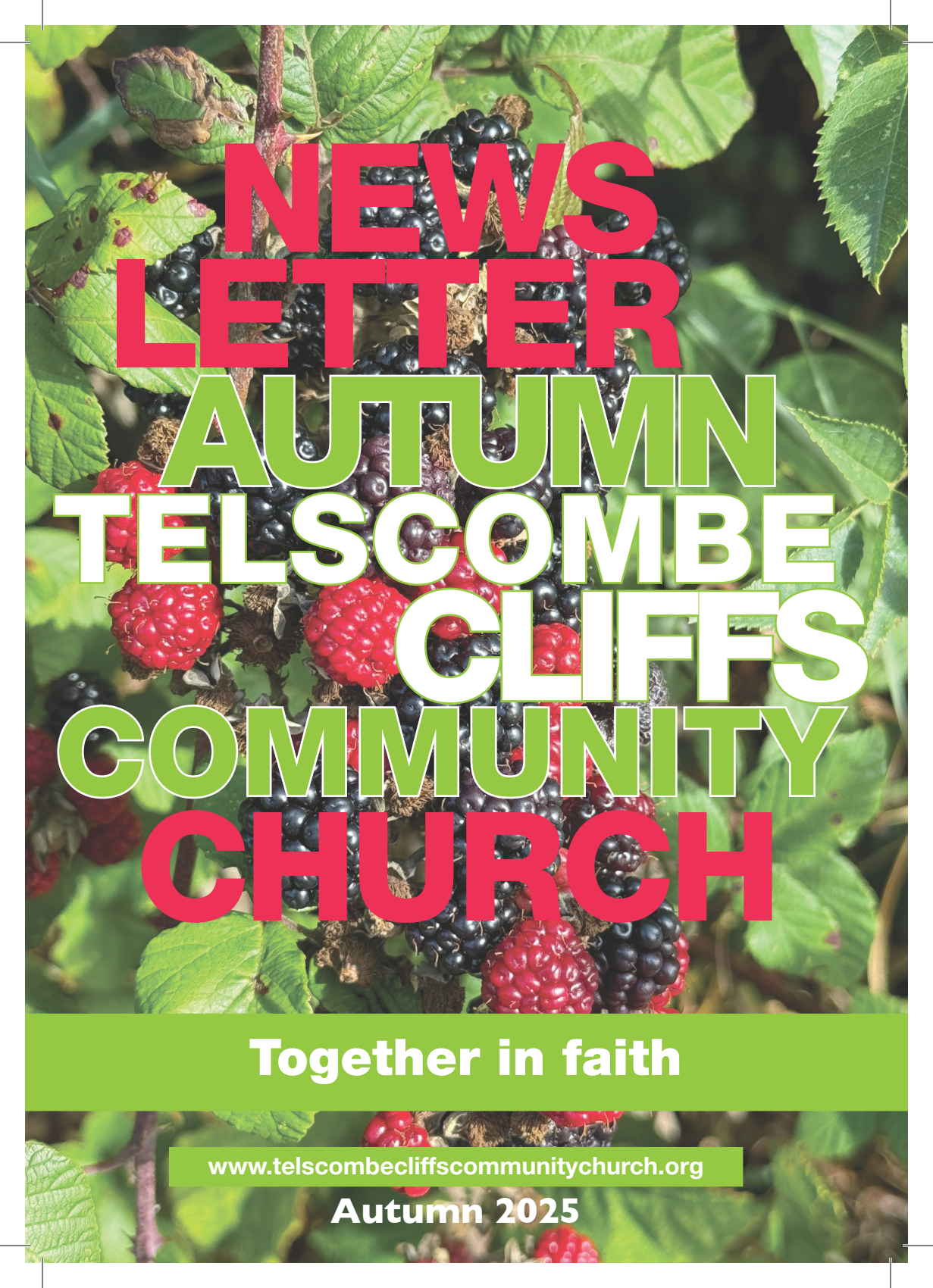




NEWS LETTER AUTUMN TELSCOMBE CLIFFS COMMUNITY CHURCH

Together in faith

www.telscombec cliffscommunitychurch.org

Autumn 2025

INDEX

Welcome	3
News - What has happened during Summer at TCCC	
Bettle Drive & Birthday Wishes	4
TCCC lunch	5
Wonderful Ruth	6
Wonderful news about Susie	8
Meet the Elders - Travelling along with you by Val	9
Faith in focus - Reap what you sow by Neil	12
Telscombe Tidings - Contributions from our members	
Our favourite recipes	14
The North Wales Pilgrimage by Jackie	17
Our fundraising	18
Our pastimes	20
Our favourite bible readings - part two	24
Elders & Helpers	25
Diary dates & Rotas	26
TCCC Publications	27

Together in faith

WELCOME

Welcome to edition three of the TCCC newsletter - the Autumn edition!

Summer at TCCC was busy! We have enjoyed many wonderful sermons as well as our glorious social occasions.

We have a wonderful addition to the newsletter - Meet the Elders! We know and love them all but this is where we find out more about their life and faith. We kick off with Val. It is a special and fascinating read. Find it on page 9.

Launched this week is our new website! Please take a look at www.telscombec cliffscommunitychurch.org.

As we now enjoy the colours of autumn, here is a poem by RS Thomas - **Alive**. It is about the overwhelming presence of God which can be seen all around us, in wildlife, nature and even as the evenings start to draw in. It is like a warm hug!

It is alive. It is you,
God. Looking out I can see
no death. The earth moves, the
sea moves, the wind goes
on its exuberant
journeys. Many creatures
reflect you, the flowers
your colour, the tides the precision
of your calculations. There
is nothing too ample
for you to overflow, nothing

so small that your workmanship
is not revealed. I listen
and it is you speaking.
I find the place where you lay
warm. At night, if I waken,
there are the sleepless conurbations
of the stars. The darkness
is the deepening shadow
of your presence; the silence a
process in the metabolism
of the being of love.

Hope you enjoy this Autumn edition.

Telscombe Cliffs Community Church

NEWS

Saturday night fun

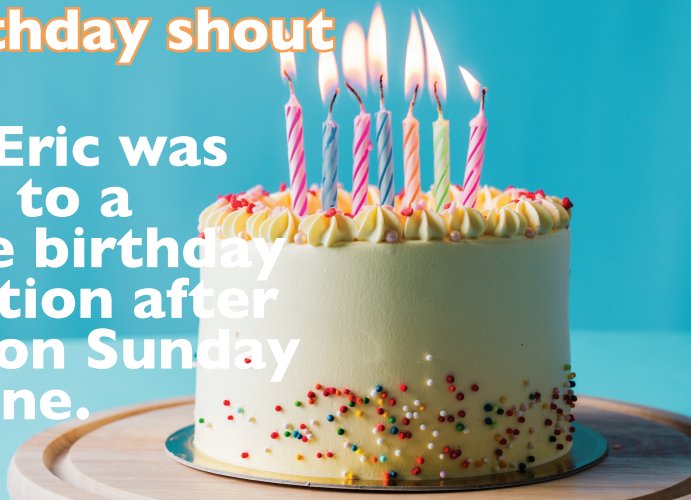
A fun evening with lots of laughter happened on Saturday 21st June, the TCCC annual Bettledrive. A whopping £114 was raised to help maintain our lovely little church. Well done to everyone who supported this event.



**£114 raised for
the church!!**

**Big Birthday shout
outs!**

**Lovely Eric was
treated to a
surprise birthday
celebration after
church on Sunday
22nd June.**



Together in faith

NEWS

Sunday lunch at the Tavern

An outing to the Tavern was organised after the service on Sunday 27th July. Happy faces here from the parishioners to puppies.

**Thank you
Betty for
organising**



Telscombe Cliffs Community Church

NEWS



Delighted to share these wonderful photos of Ruth, who moved recently

Ruth having a wonderful time with her daughter.

Love the outfit and fab hair colour Ruth!



Together in faith

NEWS



**We miss you
Ruth but we
can see that
the move
closer to family
has been the
best decision.
You look
AMAZING!**



Telscombe Cliffs Community Church

NEWS

Wonderful update of Susie



**All the church
will feel
blessed to see
this smiling
face!**

A massive credit to Susie. What an amazing, strong woman. And also a shout out to her wonderful family. Huge admiration for mum Kathy. Every parent feels every second of their journey. All we could do was pray, and we all did at 10pm every night. Here is evidence that all our prayers were listened to and wonderfully answered. Here are words from Kathy

"I would like to thank everyone for all their prayers.

Also Graeme for his inspirational daily messages which give me so much hope. Every Sunday I get a message that is so relevant. It fills me with hope for the future road ahead. Thanks!"

Kathy

Together in faith

MEET THE ELDERS

A wonderful addition to our newsletter - this contribution comes from Val, one of our most treasured elders.

Keep us travelling along with you

In my family, I was the youngest, having ...



One brother 8 years older

Eight cousins 2-19 years older

One wonderful husband 3 years older

One brother in law 1 years older

Two sisters in law 9 and 6 years older

Now, in my church family, I am the oldest (not the wisest!) I would like to share some church history.

Mike and I met in the CofE (Church of England) Youth Club. It was called 17+ but everyone was in their twenties. We had both just completed our training, Mike as a chartered accountant and me as a teacher.

We moved several times after we were married and attended CofE churches but soon became disillusioned - too much ceremony and not enough spiritual content. We transferred to

Telscombe Cliffs Community Church

MEET THE ELDERS

the URC (United Reformed Church) in Saltdean called St Martins. We were both invited to become elders and we felt at home there. St Martins was one of a group of seven churches overseen by five ministers. We had group elders meetings but discovered that two churches were not represented, one of which was Telscombe Cliffs URC which seemed to be the only church outside the Brighton area and virtually unknown and unrecognised! In fact the plan was to close this “little church”!

We had got to know some members and wanted to support them so we asked if we could join them and represent them. They graciously accepted this suggestion and we transferred our membership from St Martins in order to given them “a voice”.

There were many meetings, including residential weekends, where many suggestions were made to close small churches, some ludicrous like putting a cross on the wall! We pointed out that our walls were white!

Some people had ‘given their all’ in service to the church and now blood was needed. After some fresh ideas, several things happened. An Alpha course brought in some folk and more people ‘stepped up’ with suggestions. This was when the old factory was closed and houses were built alongside the church. We made two suggestions to church ‘bosses’ and to the council and got the new road named as Church Close. We also changed the rather lengthy church name to Telscombe Cliffs

Together in faith

MEET THE ELDERS

Community Church - we were in business!

By this time four of the five ministers had moved on and only our dear friend Graeme remained. He will be taking well-earned retirement soon and we shall certainly miss his wise and helpful ministry!

I have been delighted to see our dear church flourish and have really enjoyed being part of the team. There was a time when I could

1. Walk over the Tye to the church
2. Help organise garden parties
3. Do quiz nights
4. Sometimes read the lesson
5. Serve communion
6. Pour tea and coffee into cups without flooding the table!

It's hard being useless but I am so grateful that God has given me a functioning brain and a wonderful church family.

In only a few years, I will be 100 years old. I very much hope I will not be around but wherever I am, please make it a great celebration and may God continue to bless our Great Little Church.

Keep us travelling along with you!

Love Val

Telscombe Cliffs Community Church

FAITH IN FOCUS

**‘And God, who
supplies seed to sow
and bread to eat, will
also supply you with all
the seed you need and
it will make it grow
and produce a rich
harvest from your
generosity’**

2 Corinthians 9 verse 10

Together in faith

FAITH IN FOCUS

A word from Neil

REAP WHAT YOU SOW!

At this time a year Harvest is all around us. We are blest living where we do to be surrounded by the downs and fields that blend into our town. You only need to walk across the Tye and you will see the farmer reaping the harvest planted months before as seed.

As Christians we sow our seeds with the hope that it will reap a rich harvest. But our seeds are not that of plain wheat sowed in the earth. Our seeds are given by God and represent his love. That love on its own is personal to us. But sown throughout the community we live in, nurtured and encouraged, that love becomes a rich harvest and our reward will be realised by God himself. Look after the love that God gives us, promote and nurture that love. Spread it wide and see the harvest you will gain, more and more knowing the love that God has for us and for them also. A harvest worthy for us to work toward no matter how old or young.

May we help, this harvest, to reap the love that he has for all his children.

Telscombe Cliffs Community Church

TELSCOMBE TIDINGS

**Our
favourite
recipes**



Plum streusel cake from Lin

For the topping

- 2oz plain flour
- ½ tsb ground mixed spice (optional)
- 2oz ground almonds
- 2oz butter cut into small cubes
- 3½oz demerara sugar

For the base

- 3½ oz self raising flour
- 1 tbs baking powder
- 3½oz ground almonds
- 5oz caster sugar
- 3½oz butter cut into small cubes

- 2 eggs lightly beaten
- 2 tbsp natural yoghurt
- 6 plums stoned and quartered

Method

Preheat oven, gas 4/180 or 170 fan oven.

Lightly butter & flour or use baking paper a square or round loose bottom deep cake tin.

For the topping

Put into a food processor, or if mixing by hand into a bowl,

Together in faith

TELSCOMBE TIDINGS



2oz plain flour and ½ tsp ground mixed spice (optional).

Cut 2oz butter into small cubes and add 2oz ground almonds. Pulse in mixer or rub together by hand until it resembles breadcrumbs, then mix in 3½oz demerara sugar and set aside.

For the base

Put into processor or bowl 3½oz self raising flour, 1 tsb baking powder, 3½oz ground almonds, 5oz caster sugar and 3½oz butter. Pulse or mix by hand until it resembles breadcrumbs.

Add the beaten eggs and yoghurt. Pulse or beat with a spoon until just combined. Pour into tin level top.

Scatter over plums skin side down, so they just sit on top of the mixture. Sprinkle over topping.

Bake for about 1 hr 10-20 mins until the skewer inserted into the cake comes out clean. Serve warm with custard or leave to cool for 10mins in tin and then turn out to cool completely on a wire rack. In which case dust with icing sugar before serving.

Plums can be replaced with apple, figs or blackberries.

They say it freezes well, but it's never made my freezer yet!!

A family favourite which has been passed down through the generations.

TELSCOMBE TIDINGS

Sausage and apple cobbler by Jackie

This is our family favourite. Feeds a crowd from one pot so great when washing up and great value too!



- Pack of sausages
- 2 carrots
- 2 sticks of celery
- 1 leek
- 2 apples
- ½ litre of apple juice
- 1 onion
- 250ml vegetable stock
- 25g butter
- 100g self raising flour

Method

Preheat oven, gas 4/180 or 160 fan oven.

Brown the sausages and pop into a casserole dish.

Peel and slice the apples, carrots, onion, celery and leek.

Toss in a little flour and add to the sausages.

Pour over the stock and apple juice.

Back for 45 mins.

Meanwhile make the cobbler by rubbing 25g butter into the 100g self raising flour until it looks like breadcrumbs. Add a little milk to make a dough. Then shape into small balls.

After 45 mins, pop the balls on top of the sausages and bake for another 30mins.

Together in faith

TELSCOMBE TIDINGS

North Wales Pilgrim's Way

This September myself and Ian walked part of the Pilgrims Way between Bangor and Bardsey Island. We walked around 10 miles a day over 8 days. Many blister plasters were used :-)

Here are the churches on the route.



1. Bangor Cathedral



4. Pistyll



2. Llanberis



5. Aberdaron



3. Clynog Fawr



6. Bardsey Island

Telscombe Cliffs Community Church

TELSCOMBE TIDINGS



Our aim:

**For Telscombe Cliffs
Community Church
to be accessible to
everyone**



Together in faith

TCCC is a great and valued space for everyone but not everyone, every week can get here.

Our goal is to make the access improvements needed at the front of the church (e.g., wheelchair ramps, handrails, ground levelling and a disabled parking space) leading into the church to benefit the congregation and community, such as enabling elderly or disabled individuals to participate fully.

The funding target based on quotes from contractors is £15,000. Through our own efforts we have already raised £5000, so our target through crowd funding is **£10,000**.

The church serves as a community hub, and its hall hire is available for clubs, exercise classes and celebrations. Our church welcomes everyone, but limited access prevents some from joining us fully.

These changes will ensure all community members can worship and participate in events safely.

To donate please go to :

<https://www.crowdfunder.co.uk/p/telscombe-cliffs-church-improving-access-for-all>

Telscombe Cliffs Community Church

TELSCOMBE TIDINGS



Feeling a bit arty or crafty? Then why not try Peacehaven Art and Craft club!

It is at Peacehaven Evangelical Free Church, every Friday 9.30 - midday

They are still oozing for new members so would be delighted to see you!

Worried that you cannot draw or paint? According to

Liz, no experience needed as she started from scratch.

For more information go to <https://peacehavenartandcraft.weebly.com>.

Some pictures from their latest exhibition. Can you spot Liz's fabulous work?

Together in faith

TELSCOMBE TIDINGS



Telscombe Cliffs Community Church

TELSCOMBE TIDINGS



Feeling bit stiff and achy? Then why not try some gym exercise!

Need to use the arms of the chair to stand up? Feel wobbly when on uneven ground? Yep get that!

Last year I plucked up the courage to go to the gym. I have joined so many gyms and never gone. The encouragement of a trainer

was the answer but I thought personal trainers were for the rich and famous :-) but no I could not be more wrong.

It has made so much difference to my balance and strength. And you don't have to be a member of the gym to have personal training.

So if every day tasks are becoming a bit more of a struggle, why not give it a go. The gym is full of both women and all age groups too.

My trainer is Paris so if you fancy giving it a go, you can call him on 07948 614240.

Jackie

Together in faith

TELSCOMBE TIDINGS

Our joyful holiday

Well, most of you will know we are not quite a complete family as Gavin, his wife Lisa and girls Esme and Feya live in America.

Although Eric and I go over twice a year, we are never "all together". It's been 3 yrs since that happened.

But this year. On Eric's 80th we all had family time together.

We had a super joyful time in Suffolk and made wonderful memories to be enjoyed time and time again.

Not only that. But Gavin and Lisa went to Paris and left the girls in our charge for 3 whole days and nights. Absolute delight.

Liz.



Telscombe Cliffs Community Church

TELSCOMBE TIDINGS



Part two of our favourite bible passages. Here is Keiths.

Psalm 23

The Lord is my shepherd, I lack nothing.

He makes me lie down in green pastures,

he leads me beside quiet waters,

he refreshes my soul.

He guides me along the right paths for his name's sake.

Even though I walk through the darkest valley,

I will fear no evil, for you are with me;

your rod and your staff, they comfort me.

You prepare a table before me in the presence of my enemies.

You anoint my head with oil; my cup overflows.

Surely your goodness and love will follow me all the days of my life,

and I will dwell in the house of the Lord forever.

Together in faith

ELDERS & HELPERS

Serving Elders

Sam

Serving Elder & Treasurer

Lin

Serving Elder & Asst Treasurer

Neil

Serving Elder & Church Secretary

Kathy

Serving Elder & Asst Church
Secretary

Val

Serving Elder & Preaching Plan

Tom

Serving Elder & Fabric Committee

Liz

Serving Elder & Reading Rota

Church Concierge

Jean

Fabric Committee

Tom Rose

Phil

Danny

Church Music

Mark

Flower Arrangements

Linda

Communion Prep

Keith

Church Newsletter

Jackie

Church website

Jackie & Kathy

Church Readers

Keith, Alan, Danny, Dee &
Jackie

DIARY DATES & ROTAS

October

Quiz & tea afternoon

Saturday 11 October
2pm for 2.30pm start

Teams of six people

£6 each

Harvest festival

Sunday 12 October

10.30am

Please bring your donations
any Sunday between now
and Sunday 12th October.

TCCC film afternoon

Saturday 25 October

2pm

The Hundred Foot Journey

Starring Helen Mirren

Preaching timetable for Autumn 2025

October

5 October
Peter

12 October
Wyn

19 October
Sue

26 October
Neil

November

2 November
Peter

9 November
Liz

16 November
Barbara

23 November
Laurie

30 November
Graeme

December

7 December
Peter

14 December
Roger

21 December
Sue

28 December
Neil

Together in faith

TCCC PUBLICATIONS



SPRING 2025



VE DAY SONGBOOK



SUMMER 2025



AUTUMN 2025



WINTER 2025

Previous copies available for download at
telscombec cliffscommunitychurch.org

Telscombe Cliffs Community Church

TELSCOMBE CLIFFS COMMUNITY CHURCH

BUCKHURST ROAD
TELSCOMBE CLIFFS
BN10 7AH

Sunday 10.30am - 11.30am

A warm welcome awaits

